

The Inner Sense of Life and Peace

For the mind set on the flesh is death, but the
mind set on the spirit is life and peace.

— Romans 8:6

- Illustrations
- What is the sense of life and peace?
- Taking sides

**Our
Human
Spirit**

Illustrations

Can you tell which is sugar and which is salt without tasting it?

The Sense of the Spirit – Like Electricity

- To know the spirit is to know it by the sense of the spirit. Even up until this day, no one has ever seen electricity itself. The light of a lamp is not the electricity but an expression, a sign, of electricity. We can know electricity by its signs and expressions. Also, no one has ever seen the physical life of a person's being, but we can know the physical life by its expression and by certain senses. In the same principle, the spirit is very mysterious. You cannot see it, but you can sense it. You cannot see electricity, but when you touch it, you can sense it. In like manner, you can know the spirit by sensing the spirit. To sense the spirit is the way to know the spirit.

Discernment by Sensing – Like Sugar versus Salt

- An example may help to illustrate what the sense of life is. When I was a young boy, I attended a feast. On the table there were two kinds of white, fine powder: refined sugar and refined salt. I put a lot of salt on a certain food, thinking that I was using sugar. When I put the food into my mouth, I suffered. I sensed that the powder I used was not sugar but salt. Though my eyes could not discern the difference between the sugar and salt, my taste could. This is the way to discern the spirit—by sensing. (*Our Human Spirit, Chapter 9*)

The sense of sugar is different from the sense of salt.

Likewise, you know life, peace, and death by their sense.

What is the sense of life and peace?

Can one have these inward registrations and feelings when outward things are not working out? Do you have any examples?

Can you think of other Bible verses that demonstrate the sense of life and peace?

Positive inward registrations and feelings

The sense of Life

Satisfaction	Watering
Strengthening	Enlightenment
Refreshment	Anointing

The sense of Peace

Ease	Rest
Comfort	Joy
Harmony	Liberty

Jesus answered and said to her, Everyone who drinks of this water shall thirst again, But whoever drinks of the water that I will give him shall by no means thirst forever; but the water that I will give him will become in him a fountain of water springing up into eternal life. – John 4:13-14

That the God of our Lord Jesus Christ, the Father of glory, may give to you a spirit of wisdom and revelation in the full knowledge of Him. – Ephesians 1:17

And you have an anointing from the Holy One, and all of you know. – 1 John 2:20

And as for you, the anointing which you have received from Him abides in you, and you have no need that anyone teach you; but as His anointing teaches you concerning all things and is true and is not a lie, and even as it has taught you, abide in Him. – 1 John 2:27

Because of this we have been comforted. And in addition to our comfort, we rejoiced more abundantly over the joy of Titus, because his spirit has been refreshed by all of you. – 2 Corinthians 7:13

Taking sides

What is the result of taking sides with the flesh?

Take a minute to pray quietly, and practice taking sides with the spirit.

The sense of Death

Dissatisfaction	Dryness	Strife	Restlessness
Emptiness	Darkness	Discord	Pain
Oldness	Depression	Discomfort	Bondage
			Grief

Where do we find ourselves?

- Man fell and thus, the body is a body of sin. That is the flesh.
- Jesus Christ saved us from our sins and came to live in our spirit.
- We are now caught in between. We must take sides.

It is a matter of life and death. We cannot be passive.

- Within us there are three parties: Satan as sin is in our flesh (Rom. 7:17-18, 20), God is in our spirit, and the self is in our soul represented by our mind. To set the mind on the flesh means to take sides with the flesh, to cooperate with the flesh, to stand with the flesh. To set the mind on the flesh is death. To set the mind on the spirit means to take sides with the spirit, to cooperate with the spirit, to stand with the spirit. To set the mind on the spirit is life and peace . – (*Our Human Spirit, Chapter 9*)

For the mind set on the flesh is death, but the mind set on the spirit is life and peace.

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